

JOIN US ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association®

SCAN ME!



To learn more on our website



Join a support group from the comfort of your home **via phone, computer or tablet**. Connect with others, share practical tips, talk through issues, and learn about community resources. All families welcome.

ONLINE/ OVER-THE-PHONE CAREGIVER SUPPORT GROUPS

1st Tuesday each month at 2:30pm
Hosted in Los Alamitos pre-COVID

1st & 3rd Wednesday each month at 10:00am
Hosted in Mission Viejo pre-COVID

2nd Tuesday each month at 7:00pm
Ongoing virtual group

2nd & 4th Thursday each month at 6:00pm
Hosted in Huntington Beach pre-COVID

3rd Tuesday each month at 12:00pm
Hosted in Irvine pre-COVID

Younger-Onset Caregivers (diagnosed before 65)
3rd Thursday each month at 7:00pm
Ongoing virtual group

LGBTQ Caregiver Group
2nd & 4th Thursday each month at 10:30am
Hosted in Los Angeles pre-COVID
Contact Yael at 310.912.9120

Spanish Telephone Support Group
2nd & 4th Tuesday each month at 1:00pm
Contact Linda at 213.220.0713

You are welcome to join any group virtually, even if it is not the group you might typically attend based on location.

REGISTER BY PHONE at 800.272.3900

REGISTER ONLINE: <http://bit.ly/alzSG>

Pre-registration required to receive Zoom meeting information